## **METU SPORTS DIRECTORATE**

## **SPORT FACILITIES GENERAL RULES**

This directive includes the following sports facilities within the campus that serve under the Sports Directorate unit;

- Sports Halls
  - Big Sports Hall
  - o Barracks Sports Hall
  - Sport Center
    - Squash courts
- Turf Soccer Fields
- Tennis Courts
- Stadium Running Track

## **GENERAL RULES**

- 1. In all sports facilities, users can do sports with sports clothes and sports shoes only! It is strictly forbidden to use sports facilities with daily shoes and daily clothes (jeans, etc.).
- 2. All sports facilities will be reserved by the user through the online reservation system.
  - a. The user cannot make a reservation at any facility for a week, provided that he/she makes a reservation and does not cancel his/her reservation until 1 hour before.
  - b. Users can reserv 4 open and 4 closed sport facilities in a week.
  - c. Users should show personal or student ID card at the enterance.
  - d. A user who makes a reservation but does not attend, but transfers it to another person, such as a student/staff/graduate/guest, will be penalized for abusing his facilities and will be unable to use them for at least one month.
  - e. The user must enter and exit the facility within the given reservation time. For example, if you have registered for the gym session 7:45 PM 9:15 PM, you can only check in after 7:45 PM and must check out before 9:15 PM. It is used for ventilation and cleaning for 15 minutes between sessions.
- 3. It is not allowed to enter the sports facilities with food, only water and sports drinks can be used.
- 4. It is mandatory for users to carry towels with them in terms of hygiene.
- 5. It is forbidden to walk around without t-shirts, only with towels, bathrobes, etc., in areas outside the dressing room.

- 6. The number of users is limited due to the Covid-19 pandemic. However, our users are obliged to act more carefully in order to apply the social / physical distance rules and protect both themselves and other participants.
- 7. In order to get lockers, users must leave their ID's to the consultation and get lockers in return.
- 8. It is forbidden to wear shoes in cushioned halls. You can train with socks.
- 9. It is forbidden to use facilities, including teams and communities, above the number of users specified for each facility separately.
- 10. Care should be taken not to disturb other users who train at the same time in sports facilities.
- 11. Hall supervisors, advisors and facility employees are responsible for the operation of all facilities. Pay attention to the warnings about the subjects given below.
  - a. Appropriate sportswear (sweatpants, t-shirts, sneakers)
  - b. Hygiene (towel)
  - c. Facility layout
  - d. Behaviors that may annoy other users, etc.
- 12. Do not use the sports facilities without sleep, alcohol, and when you are very full or very hungry.
- 13. Use the shower, toilet and changing rooms cleanly and in a way that does not disturb other users.
- 14. Be sure to convey your thoughts, requests, complaints, etc. to the Sports Directorate, and also please indicate all your positive and negative thoughts in the survey on the website of the Sports Directorate.